

Psycho-Social Profile - Five Years Arrest-Free Living

Ned Rollo - OPEN, INC.

- Marginal survival skills: coping but still vulnerable
- Rudimentary power and control: short-lived security
- Passable objectivity: growing ability to "stop and think"
- Slow progress altering anger into functional tolerance
- Capable of basic daily organization and effective effort
- Interrelates and cooperates with modest efficiency
- Slowly evolving respect for and from others: live and let live
- Borderline control over dependencies: open to relapse
- Operating in real time: present in the here and now
- Increasing tolerance of stress and adversity: stops and thinks
- Month-to-month range of stability/safety: "just making it"
- Fragile but growing mental and emotional balance
- Budding recreational capacity and involvement
- Significant distancing from anti-social values and behavior
- Growing hunger/impatience for expanded quality of life
- Slowly diminishing fear and rage: less and less panic attacks
- Still returns to anger and war talk as an automatic defense
- A developing sense of positive purpose: "in an upward spiral"
- Evolving feelings of freedom and belonging: expanding world view

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